

2024-2025 Texas Common Course Numbering System Advising Guide

| YEAR | FIRST SEMESTER | | | | | | |
|-----------------------|---|--|---------------|--------------|-------------------|-------------------|------------------|
| | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered | |
| F I R S T | ENGL 1301 - Composition I | 090 | ENGL 1301 | 3 | None | F, SP, SU | |
| | HIST 1301 - United States History I | 060 | HIST 1301 | 3 | None | F, SP, SU | |
| | BIOL 2401 - Anatomy & Physiology I | 030 / 090 | BIOL 2401 | 4 | None | F, SP, SU | |
| | TSU Core: Mathematics ¹ | 020 | See Options | 3 | See Options | Varies | |
| | KINE 1338 - Concepts of Physical Fitness | - | PHED 1338 | 3 | None | F, SP, SU | |
| | Total Hours | | | | 16 | | |
| | SECOND SEMESTER | | | | | | |
| | | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered |
| | | ENGL 1302 - Composition II | 010 | ENGL 1302 | 3 | Prereq: ENGL 1301 | F, SP, SU |
| | | HIST 1302 - United States History II | 060 | HIST 1302 | 3 | None | F, SP, SU |
| | | TSU Core: Life & Physical Science ¹ | 030 | See Options | 3 | See Options | Varies |
| | | KINE 1301 - Foundations of Kinesiology | - | PHED 1301 | 3 | None | F, SP, SU |
| | KINE 1200 - Activity Course ² | - | See Options | 2 | See Options | Varies | |
| | TSU Core - Core Component Option General Education Elective | 090 | See Options | 2 | See Options | Varies | |
| Total Hours | | | | 16 | | | |

| YEAR | FIRST SEMESTER | | | | | | |
|--|--|--|---------------|--------------|-------------------|-------------------|------------------|
| | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered | |
| S E C O N D | TSU Core: Language, Philosophy, & Culture ¹ | 040 | See Options | 3 | See Options | Varies | |
| | GOVT 2305 - Federal Government | 070 | GOVT 2305 | 3 | None | F, SP, SU | |
| | TSU Core: Communications ¹ | 010 | See Options | 3 | See Options | Varies | |
| | KINE 3390 - Kinesiology | - | - | 3 | Prereq: BIOL 2401 | F, SP, SU | |
| | Elective | - | See Options | 3 | See Options | Varies | |
| | Total Hours | | | | 15 | | |
| | SECOND SEMESTER | | | | | | |
| | | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered |
| | | TSU Core: Social & Behavioral Science ¹ | 080 | See Options | 3 | See Options | Varies |
| | | GOVT 2306 - Texas Government | 070 | GOVT 2306 | 3 | None | F, SP, SU |
| | | TSU Core: Creative Arts ¹ | 050 | See Options | 3 | See Options | Varies |
| | | KINE 3360 - Sports Nutrition (WI) | - | - | 3 | None | F, SP, SU |
| | Elective | - | See Options | 3 | See Options | Varies | |
| Total Hours | | | | 15 | | | |
| **Student should speak with their MCC Advisor about what additional courses they need to complete in order to earn their associates degree.** | | | | | | | |

WI: Writing Intensive Courses

Semester Offered: F = Fall, SP = Spring, SU = Summer

College of Health Sciences

B.S. in Kinesiology - Exercise & Sport Studies

| YEAR | FIRST SEMESTER | | | | | |
|----------------------------|-------------------------------------|---------------|-------------|--------------|---|------------------|
| | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered |
| T H I R D | Advanced KINE Elective ² | - | See Options | 3 | See Options | Varies |
| | KINE 3370 - Physiology of Exercise | - | - | 3 | Prereq: BIOL 2401 | F, SP, SU |
| | Elective | - | See Options | 3 | See Options | Varies |
| | Elective | - | See Options | 3 | See Options | Varies |
| | Elective | - | See Options | 3 | See Options | Varies |
| | Total Hours | | | | 15 | |
| SECOND SEMESTER | | | | | | |
| | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered |
| F O U R T H | Elective | - | See Options | 3 | See Options | Varies |
| | KINE 3310 - Tests and Measurement | - | - | 3 | Prereq: 12 hours of Kinesiology course work and junior classification | F, SP, SU |
| | KINE 3330 - Motor Behavior (WI) | - | - | 3 | Prereq: Approval of Department Head | F, SP, SU |
| | Elective | - | See Options | 3 | See Options | Varies |
| | Advanced KINE Elective ² | - | See Options | 3 | See Options | Varies |
| | Total Hours | | | | 15 | |

| YEAR | FIRST SEMESTER | | | | | |
|-----------------------|--|---------------|------------------|--------------|-------------------------------|------------------|
| | TSU Requirement | Core Category | TCCNS Equivalent | Credit Hours | Pre-Req or Co-Req | Semester offered |
| F I F T H | Advanced KINE Elective ² | - | See Options | 3 | See Options | Varies |
| | KINE 4305 - Capstone in Kinesiology ³ | - | - | 3 | Prereq: Senior classification | F, SP, SU |
| | Advanced KINE Elective ² | - | See Options | 3 | See Options | Varies |
| | Advanced KINE Elective ² | - | See Options | 3 | See Options | Varies |
| | Advanced Elective | - | See Options | 3 | See Options | Varies |
| | Total Hours | | | | 15 | |
| SECOND SEMESTER | | | | | | |
| | TSU Requirement | Core Category | MCC Option | Credit Hours | Pre-Req or Co-Req | Semester offered |
| F I F T H | Advanced KINE Elective ² | - | See Options | 3 | See Options | Varies |
| | KINE 3380 - Adapted Physical Activity | - | - | 3 | None | F, SP, SU |
| | Elective | - | See Options | 4 | See Options | Varies |
| | Advanced Elective | - | See Options | 3 | See Options | Varies |
| | Total Hours | | | | 13 | |

Total Hours: 120

Footnotes:

1 - See Tarleton Website for options for this core category: <https://www.tarleton.edu/generaleducation/core-categories/>

2 - Consult the Tarleton Catalog and current course schedule for KINE 1200 Activity Course and Advance KINE Electives. You may also contact your academic advisor to explore options.

3 - Professional Development Points (15) are required to be completed by end of this course. You may also contact your academic advisor for more information.

4 - <https://www.tarleton.edu/kinesiology/>