

**Information Session
Occupational Therapy Assistant
Program**

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Welcome

The following information is designed to keep you informed about the Occupational Therapy Assistant Program offered at MCC. Links to relevant resources have been provided to promote your success in the program.

A brief overview of the profession of occupational therapy is also included for greater clarity of what we do.

Please **watch** the video presentation on the program's webpage to earn credit for attending the session. Reviewing this online PowerPoint presentation will **not** earn you credit. After you have watched the video, send me an email with information about our enrollment capacity, that is; how many students do we accept during an enrollment period and how many enrollment cycles does the program have? Second; how many clinical rotations will you need to complete in the program?

When you receive your acceptance letter to the program, a response will be required to confirm your place. Email correspondence about program acceptance will be sent to your MCC email **only, not your personal email address.**

Links to Useful Resources

Program Website:

<https://www.mclennan.edu/health-professions/occupational-therapy-assistant/index.html>

OTA Application Packet:

<https://www.mclennan.edu/health-professions/occupational-therapy-assistant/application.html>

Academic Resources:

<https://www.mclennan.edu/campus-resource-guide/academic-help.html>

Additional Resources:

<https://www.mclennan.edu/campus-resource-guide/support.html>

Strategies for Success

- Set Personal Goals
- Identify your weaknesses and develop a plan of action to ensure your academic success. This should include time management.
- Utilize resources on campus to help you meet your learning needs
- Hold yourself accountable
- Take charge of your learning
- Practice self reflection
- Develop self efficacy
- Practice self care

How to Become an Occupational Therapist Assistant

- A. Obtain an associates degree from an accredited OTA program
- B. Complete your state required clinical experience
- C. Take and pass the National Certification NBCOT COTA Exam
- D. Apply For A State Certified OTA License
- E . Apply for OTA Jobs
- F. Maintain your license by completing state-required continuing education on OT

Admission Requirements

Minimum requirements that must be met at the time of application to be eligible for consideration:

- 18 years of age or older
- High School graduate or equivalent
- Must be TSI complete
- Previously completed or actively enrolled in all pre-requisites
- Must have a minimum GPA of 2.5 in prerequisite and co-requisite courses
- Must have a minimum grade of C or better in all pre-requisites and co-requisites

View [Admissions Criteria](#).

Prerequisite Courses:

- BIOL 2401 Anatomy & Physiology I
- PSYC 2301 General Psychology
- HPRS 1206 Medical Terminology
- ENGL 1301 Composition I



Student Resources

Professional Organizations

Program Data and Outcomes Links & Resources

- [Cost](#)
- [Essential Skills & Requirements](#)
- [OTA Student Handbook](#)
- [NBCOT Licensure Pass Rate](#)
- [OTA Program Outcomes](#)

Clinical Educator Links & Resources

- [Fieldwork Educator Certificate Regional Workshops](#)



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Corequisite Courses:

- BIOL 2402 Anatomy & Physiology II *
- PSYC 2314 Lifespan Growth & Development *
- 3-Credit Hour Humanities Course (See Advisor) *

****Course may be taken as a corequisite.***

Occupational Therapy Assistant Courses: The following courses can be taken only **after** admission to the program.

- OTHA 1305 Principles of Occupational Therapy
- OTHA 1341 Occupational Performance Birth Through Adolescence
- OTHA 2211 Abnormal Psychology in Occupational Therapy
- OTHA 1309 Human Structure & Function in Occupational Therapy
- OTHA 1315 Therapeutic Use of Occupation or Activities I
- OTHA 1161 Clinical I
- OTHA 2302 Therapeutic Use of Occupation or Activities II
- OTHA 2201 Pathophysiology in Occupational Therapy
- OTHA 2209 Mental Health in Occupational Therapy
- OTHA 1319 Therapeutic Interventions
- OTHA 2231 Physical Function in Occupational Therapy
- OTHA 1162 Clinical II
- OTHA 2235 Healthcare Management
- OTHA 1253 Occupational Performance for Elders
- OTHA 2230 Workplace Skills for the OTA (*via distance education*)
- OTHA 2266 Fieldwork Experience – OTA
- OTHA 2267 Fieldwork Experience – OTA

Degrees

Program Goals

Essential Skills & Requirements

Student Resources

Professional Organizations

-

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Salary Projections for Occupational Therapy Assistance

An official website of the United States government [Here is how you know](#)



U.S. BUREAU OF LABOR STATISTICS

Fastest Growing Occupations

PRINTER-FRIENDLY

Fastest growing occupations: 20 occupations with the highest projected percent change of employment between 2023-33.

Click on an occupation name to see the full occupational profile.

OCCUPATION	GROWTH RATE, 2023-33	2023 MEDIAN PAY
Wind turbine service technicians	60%	\$61,770 per year
Solar photovoltaic installers	48%	\$48,800 per year
Nurse practitioners	46%	\$126,260 per year
Data scientists	36%	\$108,020 per year
Information security analysts	33%	\$120,360 per year
Medical and health services managers	29%	\$110,680 per year
Physician assistants	28%	\$130,020 per year
Computer and information research scientists	26%	\$145,080 per year
Physical therapist assistants	25%	\$64,080 per year
Operations research analysts	23%	\$83,640 per year
Occupational therapy assistants	22%	\$67,010 per year
Actuaries	22%	\$120,000 per year

Program Data: Exam Pass Rate

<https://www.nbcot.org/Educators-Folder/SchoolPerformance>

Program Data

Annual aggregate New Graduate (NG) data for candidates testing from your program

Reporting Timeframe

2024 Data

2023 Data

2022 Data

2021 Data

Your Program's NG results for January – December 2023

Total Number of NG testing	9
Total Number of NG passing (% passing)	9 (100%)
Total Number of NG failing (% failing)	0 (0%)
Total Score Average	488
Average Passing score	488
Average Failing score	

*NG = Candidates testing within one year of graduation, regardless of the number of attempts on the examination.

What is **OCCUPATIONAL THERAPY?**



OCCUPATIONAL THERAPY

Is the assessment and treatment of physical and psychiatric conditions, using specific purposeful activity to prevent disability and promote independent function in all aspect of daily life.

What is Occupational Therapy?

We make
doing do-able

Helps you learn to
do everyday
things that make
you feel yourself

Helps you do the things
you want or need to do to
make you feel good about
yourself

Helps you to do
the things that
make your life
worth living

Helping
people
through
DOING

Our job is to make
your life easier

Gives you the
power and tools to
do the things you
want to do, the
way you want to do
them.

#WhatisOT

Occupational Therapy

- Take a moment to think of some of the things (occupations) you have done today...have you had a shower?
- Had lunch with friends, or gone to work?
- Now imagine this...

Occupational Therapy

- How would you take a shower if you had poor balance?
- If you could not reach your arms up to your hair?
- How would you have lunch with friends if you could not hold a fork?
- If you could not remember where to meet them?
- Or if you just could not cope with getting out of bed?

Occupational Therapy

- How would you go to work if you had pain in your back?
- You heard voices in your head?
- You had arthritis in your hands?

Occupational Therapy

Examples of Whom Occupational Therapists Treat

Children and Teens	Adults	Seniors
<ul style="list-style-type: none">• Who need help with fine motor skills• Who struggle with autism or learning disabilities• Who have ADHD and want to learn to drive• Who have trouble eating• Who need to learn to self-regulate emotions	<ul style="list-style-type: none">• Who are recovering from shoulder surgery• Who are recovering from a traumatic brain injury• Who have schizophrenia and want to get a job• Who have poor vision• Who are dealing with a workplace injury	<ul style="list-style-type: none">• Who are recovering from a stroke• Who are recovering from a fall and want to remain at home• Who have memory problems or dementia• Who have arthritis• Who need adaptations in their home

Source: Layne, K., Cremer, K. (2018, December 3). What are occupational therapists and what do they do? *The St. Augustine Record*.

Where do we work

- Hospitals
- Schools
- Mental Health Facilities
- Home Care
- Personal Care Homes
- Private Clinics
- Rehabilitation Centers
- Community Health Centers
- Insurance Companies
- Client Homes
- Client Work Places

*Productive
Aging*

2

*Health and
Wellness*

3

*Children
and Youth*

1

The

6

Occupational Therapy Practice Areas

4

*Work and
Industry*

6

*Rehabilitation
and Disability*

5

*Mental
Health*



Common Ways Occupational Therapists Help Patients



Teach new ways to perform daily tasks



Demonstrate how to use assistive technology



Educate caregivers on how to best help



Create daily routines that promote independence



Show strengthening and stretching exercises

What can OT help with?

- + Bathing
- + Dressing
- + Eating
- + Care of Others
- + Driving & Community Mobility
- + Home Management
- + Play
- + Leisure
- + Safety Procedures
- + Sleep
- + Financial Management
- + Meal Preparation
- + Social Participation



Did You Know?

Occupational Therapy

Can Help With...



- ★---> **Fine Motor Skills**
 - Opening a Lunch Box
 - Brushing Teeth/Using Utensils
 - Drawing/Writing/Coloring
 - Cutting/Pasting
 - Muscle Tone & Strength



- ★---> **Visual Motor Skills**
 - Reading/Writing
 - Completing Puzzles/Math Problems
 - Dressing/Coordination
 - Sensory Processing
 - Taste/Smell/Sight/Touch/Hearing



- ★---> **Self-Care Skills**
 - Feeding Ourselves
 - Using the Toilet
 - Dressing/Undressing
 - Handwashing/Bathing/Grooming



- ★---> **Gross Motor Skills**
 - Bilateral Coordination Tasks
 - Crossing Mid-Line/Range of Motion
 - Muscle Tone & Strength
 - Stability/Posture



- ★---> **Feeding Therapy**
 - Oral Motor Skills
 - Food Refusal/Extreme Picky Eating
 - Food Selectivity
 - Self-Feeding Skills



We'd love to hear from you!

Call us at 817.442.0222 or visit PediaPlex.net.

We're here to help guide your child's development.



A Day in the Life of an Occupational Therapist



Review patients' medical history & assess their needs



Develop treatment plans for patients with specific goals



Guide patients to perform tasks to meet their goals

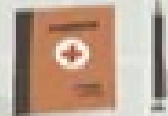
A Day in the Life of an Occupational Therapy Assistant



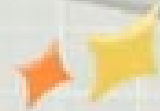
Treat patients by using therapeutic and self-care activities designed to improve function under the direction of the occupational therapist (OTR)



Monitor a patient's activities to make sure they are performing them correctly and to offer encouragement



Document patient's weekly progress in appropriate records



Maintain the office treatment areas, equipment, and supply inventory

Humans as Occupational Beings- The People Model looks at the following

- Occupational Performance Participation
- Spiritual
- Culture Values
- Neurobehavioral
- Psychological
- Natural Environments
- Well being
- Quality of life

Areas of Focus In OT

Occupational Therapists are concerned with :

- People and their occupation
- Environment Occupation and Interactions
- Population Health
- Mental Health
- Promotion of Independence in Occupation

Our mission is to educate our students - improving their lives and enriching our community

Thank You for Your Time- We Look Forward to Seeing You on Campus

