

Massage Therapy Program

CLASS DESCRIPTION:

This class will provide the necessary information and skills to prepare the student to sit for the state massage therapy examination, to become a licensed massage therapist. The massage therapy classes will cover: anatomy and physiology, health and hygiene, hydrotherapy, kinesiology, pathology, massage therapy techniques, business practices, and professional ethics. At the end of 470 hours of didactic instruction and laboratory practice, a 50-hour internship will be conducted. During internship, massage therapy students will hone their skills, by giving hour-long massages to community clients. Students' internship hours will be adjusted to fit internship requirements.

ADMISSION REQUIREMENTS AND/OR PRE-REQUISITES:

- High school diploma or G.E.D.
- Immunizations (see Note 1 below)
- Texas state background check (see Note 1 below)
- Drug screen (see Note 1 below)

CLASS/SECTION NUMBER:

MSSG 1013, 1009, 1005, 2014, 2013, 1011, 2011, 1007, 2086

DATE/S CLASS OFFERED:

"Fast Track" Daytime classes March 15 – August 13, 2010 M,T,W,TH 8a.m.-5p.m.

Look for evening class schedule in our Summer 2010 catalog

CLASSROOM LOCATION: CSC Building, Room E-156

COST OF CLASS: \$2850 Call 254-299-8888 to inquire about our "Phases Plan," which breaks the required classes into three distinct blocks to allow the student to pay for the course in increments.

CLASS REQUIREMENTS/NOTES:

NOTE 1: Prior to entering any health care class in the Health and Human Services Continuing Education department, all health care students will be required to show proof of immunization against Hepatitis B, varicella, measles, mumps, rubella, diphtheria/tetanus, and proof of tuberculosis skin test or chest x-ray. In addition to the immunization requirements, the student must provide results of a drug screen and a criminal background check. Call (254) 299-8888, or e-mail jsims@mclennan.edu for more information on these requirements.

NOTE 2: During Internship students will be responsible for purchasing and wearing light blue scrub uniform and white shoes.

NOTE 3: Massage therapy students will provide necessary supplies for massage therapy practice and internship, such as sheets for massage tables, towels, etc.

NOTE 4: McLennan Community College Health & Human Services C.E. department will provide massage tables, stools, lotions, creams, etc, for use during massage therapy program activities.

NOTE 5: If student is pregnant, she must have written permission from her physician indicating she may participate in class, and is capable of lifting at least 30 pounds.

For additional information, please call (254) 299-8888 or e-mail jsims@mclennan.edu